



30-day challenge

NEW HABIT:

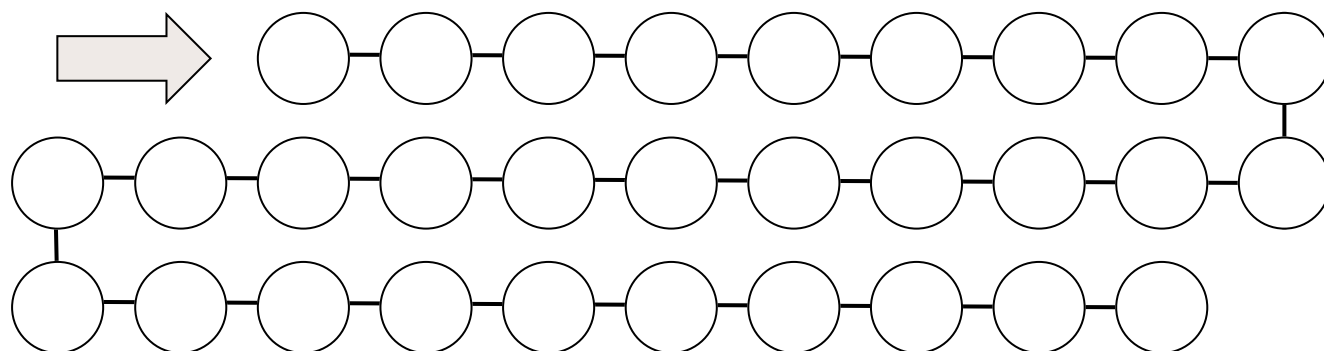
Why is this important for me?

Strenghts:

Weaknesses:

Reward:

Let's do this!



How did it go?

What did I learn?

RATE THIS CHALLENGE

